

Norliza Pavlakos

International keynote speaker, author and entrepreneur. Toastmasters Golden Gavel honouree.



ONE-LINE BIO

Homeless at 16, Norliza Pavlakos is now an international keynote speaker, author and Golden Gavel honouree who shows audiences on five continents that their beginning does not decide their future.

SHORT BIO

Norliza Pavlakos is an international keynote speaker, author and entrepreneur. Homeless at 16 and a mother of five, she built businesses from nothing, founded The Support Pages and the Liza Pavlakos Foundation, and has taken the stage across five continents for organisations including Microsoft, Qatar Airways and PwC. A Toastmasters Golden Gavel honouree, she leaves every audience with one belief: your beginning does not define your outcome. Your response does.

FULL BIO

From nothing to the world's stages.

At 16, Norliza Pavlakos had no home and no safety net. What could have been the end of her story became the foundation for everything she has built since.

A mother of five, she co-founded *Finest Alterations* and grew it from one store into five, serving the Australian Open, Marriott Hotels and designer brands worldwide. She created Australia's first Miss India International pageant from zero capital, drawing 4,000 people on the night. In 2015, with no speaking experience, she stepped away from tailoring to take her story to the stage.

Today she speaks across five continents on resilience, decisive leadership and performance, for organisations including Microsoft, Coca-Cola, Qatar Airways, PwC and Zurich. She is a Toastmasters International Golden Gavel honouree, was ranked #9 of the Top 40 Women Keynote Speakers in the world by Real Leaders, and is the author of *Conviction* and *The Indefatigable Entrepreneur*.

She founded The Support Pages, a mental health directory five years in the making, and the Liza Pavlakos Foundation, a registered charity working in Nigeria, the Philippines and Australia.

Her message is one she has lived every word of: your beginning does not define your outcome. Your response does. Audiences leave knowing they can rise, and that they can lift others as they go.

FAST FACTS

FORMATS	Keynote · Workshop · Virtual · Hybrid · Panel
SPOKEN IN	Africa · Asia · Australia · Europe · Middle East · North America
BASED IN	Melbourne, Australia
BOOKING	All bookings are managed by speaker bureaus

AWARDS AND RECOGNITION

Golden Gavel Honouree
Toastmasters International, 2021
Ranked #9, Top 40 Women Keynote Speakers
Real Leaders, 2020
#8 Suicide Awareness Speaker
Let's Engage, 2022
Founder, Liza Pavlakos Foundation
Registered charity, ACNC

FOR THE MC

Introducing Norliza.

AUDIENCE NOTICE · READ BEFORE THE INTRODUCTION

Before we begin, a note for our audience. Our speaker today has a story that is almost unimaginable, and it is a testament to the human spirit. Her keynote touches on traumatic events, and it moves from there to resilience, purpose and hope. If anything you hear today affects you, support is available through our Employee Assistance Program or a local crisis line, with free services listed for every country at findahelpline.com. In Australia, call Lifeline on 13 11 14 or 1800RESPECT on 1800 737 732, or visit The Support Pages, a mental health directory, at thesupportpages.com.au. Please take care of yourselves, and get ready to be inspired and uplifted.

STAGE INTRODUCTION

Our next speaker was homeless at 16. Today she is a Toastmasters Golden Gavel honouree, the author of two books, the founder of The Support Pages, a mental health directory, and a keynote speaker who has taken the stage across five continents. Her message is simple: your beginning does not define your outcome. Your response does. Please welcome Norliza Pavlakos.

KEYNOTES

The Power of Nothing

Turn underestimation into your greatest advantage.

The Conviction Effect

Decide boldly under pressure, with speed and clarity.

The One-Day Reset

Recover fast and perform consistently without burning out.

AV AND TRAVEL

AV	Headset and handheld microphone, both on hand
CHECK	Sound and visual check two hours before the event
TRAVEL	Business class for international flights, from Melbourne

ENQUIRIES

events@norliza.com

All bookings managed by speaker bureaus.

Reply within 48 business hours.

HEADSHOTS AND STAGE PHOTOS

Photos

Approved for use in event promotion, programs and media coverage. Click any photo to download it, or download the full set below.



NAVY VELVET

[DOWNLOAD](#) ↓



BLACK

[DOWNLOAD](#) ↓



SATIN

[DOWNLOAD](#) ↓



PINSTRIPE

[DOWNLOAD](#) ↓



ON STAGE

[DOWNLOAD](#) ↓



ON STAGE

[DOWNLOAD](#) ↓

[DOWNLOAD ALL PHOTOS](#)

Need another size or format? Email events@norliza.com